

## **MANDY FROST**

**Coach Qualification:** *Accredited Coach*

**Lives:** *Devon*

**Areas of Coaching:** *Please contact to discuss*

**Training Facilities:** *Outdoor school, small indoor school, students accommodation*

**Coaching Approach:** *Enthusiastic, friendly and approachable. Offering help in preparation for competition and at shows. Interested in all aspects of showjumping.*

### **Coaching Level:**

*Grassroots, Children's, starters up to 1.20m*

*Ponies: National*

*Senior: 1.20m – n1.40m*

*Senior 1.40m – International Trials*

*Young Horses*

*Junior Academy*

**Coaching Experience:** *Been coaching for over 15 years. Became a British Showjumping coach in 2004 and was awarded the British Showjumping Coach of the Year in 2009.*

*Lead Coach for both the Devon and Somerset Junior Academies.*

*Organise the Regional Junior Academy Camp with over 40 children attending from all over the south west*

**Riding Experience:** *Started competing British Showjumping at the age of 10.*

*Produced horses from 3 and 4 year olds through to International Trial level.*

*Have been sponsored by Marksway Horsehage for over 25 years this being one of the longest running sponsorships in British Showjumping.*